

## Week 4: What to Pray

### Recap:

#### 1. The blueprint for prayer: The Lord's Prayer

- 1.1. "When you pray say: 'Father...'"
- 1.2. "Hallowed be your name"
- 1.3. "Your kingdom come."
- 1.4. "Your will be done."
- 1.5. "Give us each day our daily bread."
- 1.6. "Forgive us our sins, for we also forgive everyone who sins against us."
- 1.7. "And lead us not into temptation."
- 1.8. "But deliver us from the evil one."

## **2. Practicalities for prayer**

### 2.1. Take and make time to pray

#### 2.1.1. Alone

#### 2.1.2. Together

### 2.2. Use the Bible to pray

#### 2.3. Be structured - use resources

#### 2.4. Be *unstructured* - be open to spontaneity in prayer

### **Consolidate your thoughts:-**

Recommended reads

Next steps